



**Synergetic Myofascial Method Creating Structural Balance for Functional Movement and Breath –
August 2, 2025 – 8 CE Hours**

Synergetic Myofascial Therapy the pelvic bowl – August 3, 2025 - 6 CE Hours

In Daytona Beach FL - Structural Integrators Bobbi Eklund LMT 2629, CSSI & Magnus Eklund LMT 144, BCSI

Both the 8-hour Synergetic Myofascial Method Creating Structural Balance for Functional Movement and Breath and the 6-hour CE courses includes PowerPoint lectures on the history, scientific research and strategies of fascial bodywork and manual therapy demonstrations of turnkey advanced myofascial techniques with active and passive client movement based on the work of Dr. Ida P. Rolf. The 8-hour CE addresses fascial structural balance to improve breath and shoulder girdle, spine, pelvis and head position in postural and movement dysfunction. The 6-hour CE addresses specific myofascial pelvic tilts, shifts, rotations and elevations and its effect on spinal, shoulder and head positioning. Synergetic™ Myofascial Therapy includes a variety of easy-to-use advanced fascial therapy techniques, rocking, movement, functional assessments and stretching to solve pain and dysfunctional mobility patterns. Magnus has a direct lineage to Dr Rolf through his teacher and her protégé and successor Emmett Hutchins. He is a KMI certified SI practitioner. Magnus has worked with many professional athletes in the Olympic games, NFL players and more. Bobbi is an experienced Structural Integration teacher also certified by Dr. Sue Morter as an Energy Codes® Coach and Body Awake® Yoga teacher.



For more information and
sign-up visit:
<http://www.mindandbodyinc.com/>

Approved provider: FL/GA 50-9284, NCBTMB 450063-06, MS 29, AL, CE broker course #s:
8 CE 20-1090974 &
6 CE 20-1129880

Cost: 8CE: \$275 – 6 CE: \$ 225 Both 14 CE: \$ 425 - Register on our website

Times: August 2, 9AM-6PM & August 3, 9AM-4PM (Saturday and Sunday) – 8 and 6 CE hours

Contact: Magnus (601) 500-0337 - magnusmindandbody@gmail.com

Location: Specific location to be named later in Daytona Beach - contact Kat Jankowski (386)569-5972

Note: This workshop is not meant to substitute for traditional medical care, nor diagnose medical conditions, nor manipulate bones, but to educate LMTs on how to safely apply massage techniques on clients. if you have health concerns, please consult your healthcare provider prior to attending. We reserve the right to cancel the workshop for any reason. Magnus and Bobbi Eklund are licensed massage therapists (MS144&2629), and CE provider for massage therapy. Magnus & Bobbi Eklund are not Rolfers™, nor do they teach Rolfing™. Magnus is not affiliated with KMI/AT SI nor IASI. Organizers & Magnus Eklund/Mind & Body Inc. are not responsible for future use of course techniques. Check CE with your state board prior to sign-up.