



## Structural Myofascial Bodywork with Bobbi and Magnus Eklund

- This 2-hour CE course includes a PowerPoint lecture on the history, scientific research, strategies of fascial bodywork and a demonstration of myofascial techniques. This course is based on the work of Dr. Ida P. Rolf. Structural Myofascial bodywork includes a variety of advanced fascial therapy techniques such as functional assessments, rocking, active and passive client movement, stretching and the fascial scoop. This plays a major role in solving myofascial pain and dysfunctional posture and mobility patterns.
- Magnus has a direct lineage to Dr Rolf through his teacher and her protégé and successor Emmett Hutchins. Bobbi is an experienced Structural Integration teacher as well as certified by Dr. Sue Morter as an Energy Codes® Coach and Body Awake® Yoga teacher.



FSMTA Central Florida Chapter meeting (619)609-6271  
October 16, 2023, 6-8PM – Orange Technical College, Orlando



Location: Orange Technical College, 2201 Crown Hill Blvd, Orlando FL 32828  
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For more information visit: <http://www.mindandbodyinc.com/>  
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