

## STRUCTURAL INTEGRATION

300-hour Certification program



- Redefining Structural Integration including a variety of advanced myofascial, rocking, movement, functional assessments and stretching to solve a variety of dysfunctional pain and mobility patterns.
- Set yourself apart from your peers as a structural integration specialist with a certification program that will totally restructure and align your body inside and out. Learn intelligent session planning – strategies, and results-oriented structural integration techniques with long-lasting results.

Dates: February 23-25, March 15-17, April 12-14, May 3-5, May 31-June 2, June 28-30, 2024

Cost: \$895 / 3-day weekend x 6 or \$4995 paid upfront - \$ 600 deposit to hold a spot in class. Payment plan also available.

Prerequisites: 50 hours of SMT courses to be made up before certificate is issued. Must have completed 16 CE hours to start (in-person or live webinar.)

## With Structural Integrators Bobbi and Magnus Eklund

Magnus an LMT (MS144) since 1994 is a KMI /AT SI graduate, where he studied with Tom Myers, and a board-certified Structural Integrator (CBSI) 500 hours. He is an Advanced Guild for Structural Integration Practitioner, where he studied the work of Dr. Rolf with her protégé Emmet Hutchins. He is a graduate of Lillsved Sports Institute in Sweden. He has worked with NFL, Olympic & other professional athletes, USIBC Ballet Dancers, and was selected an official member of the 1996 Atlanta Olympics athletes medical team, as a sports MT. He has taught CE courses in the US since 1999. He is an ISSA Personal Fitness Trainer, Corrective Exercise Specialist, Strength and Conditioning Coach and Recovery specialist & an RYT 200 yoga teacher and practitioner since 1997.

**Bobbi** an LMT (MS2629) since 1993 is a certified Synergetic<sup>™</sup> Structural Integrator and Body Talk Practitioner. She is the former owner of Enterprise School of Massage. She is trained by The Association for Research & Enlightenment as a Life Coach and in Regression Hypnotherapy. She is certified by Dr Sue Morter as an Energy Codes® Coach and Facilitator.

For more details visit: <a href="www.mindandbodyinc.com">www.mindandbodyinc.com</a> (workshops)
Approved NCBTMB 450063-06, MS 29, LAP 122, FL/GA 50-9284, AL

## Location: Hilton Garden Inn Liberty Park – 2090 Urban center Pkwy, Birmingham AL 35242 (205)503-5220

Note: This workshop is meant to educate LMTs on how to safely apply massage techniques on clients. Magnus and Bobbi Eklund are licensed massage therapists (MS144, 2629), and CE provider for massage therapy. They are not a Rolfers  $^{TM}$ , nor do they teach Rolfing  $^{TM}$ . Magnus is not affiliated with KMI/AT. Organizers & Magnus and Bobbi Eklund/Mind & Body Inc. are not responsible for future use of course techniques. Check CE with your state board prior to sign-up. CE for 100-hour online course will be applied for with NCBTMB.