



Join us with the FSMTA Tampa Bay Chapter for
Structural Myofascial Bodywork with Magnus and Bobbi Eklund
2-hour CE in Tampa, FL – March 21, 2024 – 645-845PM



Contact Diane for meeting information (813)-385-7234.
Location TBA – Meeting starts at 6PM social - 6:30PM business.



- This 2-hour CE course includes a PowerPoint lecture on the history, scientific research, strategies of fascial bodywork and a demonstration of myofascial techniques. This course is based on the work of Dr. Ida P. Rolf. Structural Myofascial bodywork includes a variety of advanced fascial therapy techniques such as functional assessments, rocking, active and passive client movement, stretching and the fascial scoop. This plays a major role in solving myofascial pain and dysfunctional posture and mobility patterns.
- Magnus has a direct lineage to Dr Rolf through his teacher and her protégé and successor Emmett Hutchins. He has taught myofascial CE courses in the US since 1999 and is an Advanced Guild SI practioner. Bobbi is an experienced Structural Integration teacher as well as certified by Dr. Sue Morter as an Energy Codes® Coach and Body Awake® Yoga teacher.

Location: TBA

For more information: Magnus Eklund (601)-500-0337, magnusmindandbody@gmail.com

Also available as LIVE ZOOM Webinar - FREE to FSMTA members – Nonmembers: \$30

For more information visit: <http://www.mindandbodyinc.com/>
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CE Broker # 20-532490