



Join us with the FSMTA Heart of Florida Chapter for
Structural Myofascial Bodywork with Bobbi and Magnus Eklund
2-hour CE in Lakeland, FL May 21, 2024 – 6:30-8:30PM



Contact: Debbi Sieber for meeting information
(863)640-3346
Success House – Lakeland FL



- This 2-hour CE course includes a PowerPoint lecture on the history, scientific research, strategies of fascial bodywork and a demonstration of myofascial techniques. This course is based on the work of Dr. Ida P. Rolf. Structural Myofascial bodywork includes a variety of advanced fascial therapy techniques such as functional assessments, rocking, active and passive client movement, stretching and the fascial scoop. This plays a major role in solving myofascial pain and dysfunctional posture and mobility patterns.
- Magnus has a direct lineage to Dr Rolf through his teacher and her protégé and successor Emmett Hutchins. Bobbi is an experienced Structural Integration teacher as well as certified by Dr. Sue Morter as an Energy Codes® Coach and Body Awake® Yoga teacher.

Location: Success House – 1001 Success Ave, Lakeland FL

For more information: Magnus Eklund (601)-500-0337, magnusmindandbody@gmail.com

FREE to FSMTA members – Nonmembers: \$ 30 – Class is hybrid: in person or with a live webinar option

For more information visit: <http://www.mindandbodyinc.com/>
Approved FL/GA 50-9284, NCBTMB 450063-06, MS 29, AL (Not affiliated with IASI)
CE Broker # 20-532490 in person and 20-1000130 Live webinar