



**Synergetic Myofascial Method and Functional Movement Assessments Lower Crossed Syndrome - 12 CE
Massage Institute of Memphis - November 16-17, 2024.**

With Structural Integrators Bobbi Eklund LMT 2629, CSSI and Magnus Eklund LMT 144, BCSI

This 12-hour CE course includes PowerPoint lectures on the history, scientific research and strategies of fascial bodywork. Demos of dysfunctional postural patterns of Lower Crossed Syndrome, manual therapy, stretching, myofascial techniques with active and passive client movement based on the work of Dr. Ida P. Rolf and Vladimir Janda. Workshop addresses back, torso, spine, hips, pelvis, legs and feet postural and movement dysfunctions, and more. Synergetic™ Myofascial Therapy includes a variety of advanced fascial therapy techniques, rocking, movement, functional assessments and stretching to solve pain and dysfunctional mobility patterns. Magnus has a direct lineage to Dr Rolf through his teacher and her protégé and successor Emmett Hutchins. Bobbi is an experienced Structural Integration teacher also certified by Dr. Sue Morter as an Energy Codes® Coach and Body Awake® Yoga teacher. Magnus & Bobbi teach myofascial CE in the USA, and at massage conventions.



Cost: \$395 register on website or with MIM
Times: November 16-17, 2024, 9:00AM-4:00PM
(Saturday and Sunday)

For more information and sign-up visit:
<http://www.mindandbodyinc.com/>
Approved FL/GA 50-9284, NCBTMB 450063-06, MS 29,
LA 122, AL (Not affiliated with IASI)

Contact: Magnus (601) 500-0337 - magnusmindandbody@gmail.com

Location: Massage Institute – 2076 Union Ave, Memphis TN 38104 – (901) 726-4665

Note: This workshop is not meant to substitute for traditional medical care, nor diagnose medical conditions, nor manipulate bones, but to educate LMTs on how to safely apply massage techniques on clients. If you have health concerns, please consult your healthcare provider prior to attending. We reserve the right to cancel the workshop for any reason. Magnus and Bobbi Eklund are licensed massage therapists (MS144&2629), and CE provider for massage therapy. Magnus & Bobbi Eklund are not Rolfers™, nor do they teach Rolfing™. Magnus is not affiliated with KMI/AT SI. Organizers & Magnus Eklund/Mind & Body Inc. are not responsible for future use of course techniques. Check CE with your state board prior to sign-up.