



Advanced Myofascial Techniques and Functional Movement Assessments Neck, Shoulder, Low Back, Pelvis and Legs

16-hour CE at Bluewater Institute for Massage Therapy in Killen, AL, June 7-8, 2025.

With Structural Integrators Bobbi Eklund LMT 2629, CSSI, CYT and Magnus Eklund LMT 144, BCSI, CYT, CES

This 16-hour CE course includes PowerPoint lectures on the history, scientific research and strategies of fascial bodywork and manual therapy demonstrations of myofascial techniques with active and passive client movement based on the work of Dr. Ida P. Rolf. Workshop addresses neck, shoulder, spine, pelvis, legs and feet with postural and movement dysfunctions, and more. Synergetic™ Myofascial Therapy includes a variety of advanced fascial therapy techniques, rocking, movement, functional assessments and stretching to solve pain and dysfunctional mobility patterns. Magnus has a direct lineage to Dr Rolf through his teacher and her protégé and successor Emmett Hutchins. He is KMI SI Certified and a Guild Advanced Structural Integration Practitioner. Magnus works alongside Bobbi with NFL, Olympic and other professional athletes as well as clients with pain and mobility issues in their clinic in Biloxi. Bobbi is an experienced Structural Integration teacher also certified by Dr. Sue Morter as an Energy Codes® Coach and Body Awake® Yoga teacher.



For more information and
sign-up visit:
<http://www.mindandbodyinc.com/>

Approved: FL/GA 50-9284,
NCBTMB 450063-06, MS 29,
LA 122, AL (Not affiliated with IASI)

Cost: \$425 register on
website - Preregistration
\$395 before April 15, 2025

Times: June 7-8, 2025, 9:00AM-6:00PM - (Saturday and Sunday)

Contact: Magnus (601) 500-0337 - magnusmindandbody@gmail.com

Location: Bluewater Institute for Massage Therapy – Commerce Way, Killen, AL 35645 (256) 272-1895

www.bluewaterinstitute.net

Note: This workshop is not meant to substitute for traditional medical care, nor diagnose medical conditions, nor manipulate bones, but to educate LMTs on how to safely apply massage techniques on clients. if you have health concerns, please consult your healthcare provider prior to attending. We reserve the right to cancel the workshop for any reason. Magnus and Bobbi Eklund are licensed massage therapists (MS144&2629), and CE provider for massage therapy. Magnus & Bobbi Eklund are not Rolfers™, nor do they teach Rolfing™. Magnus is not affiliated with KMI/AT SI. Organizers & Magnus Eklund/Mind & Body Inc. are not responsible for future use of course techniques. Check CE with your state board prior to sign-up.