



## **Synergetic Myofascial Method and functional movement assessments – UPPER CROSSED SYNDROME, forward head posture, protracted and elevated shoulders, and TMJ**

Massage institute of Memphis, TN, March 15-16, 2025 – 16-hour CE

**With Structural Integrators Bobbi Eklund LMT 2629, CSSI and Magnus Eklund LMT 144, BCSI**

This 16-hour CE course includes PowerPoint lectures on the history, scientific research & strategies of fascial bodywork and manual therapy demonstrations of turnkey advanced myofascial techniques with active & passive client movement inspired by the work of da P. Rolf. Workshop addresses Upper Crossed Syndrome which is based on postural dysfunction theories of Dr Vladimir Janda: chest, shoulder, spine, pelvis & neck postural & movement dysfunction, & more. Synergetic™ Myofascial Therapy includes a variety of easy-to-use advanced fascial therapy techniques, rocking, movement, functional assessments and stretching to solve pain & dysfunctional mobility patterns. Magnus is trained by the protégé and successor of Ida Rolf the legend in manual therapy Emmett Hutchins. Magnus is a KMI certified SI practitioner & is Advanced Guild SI. Magnus has worked with many professional athletes in the Olympic games, NFL players & more. Bobbi is an experienced Structural Integration teacher also certified by Dr. Sue Morter as an Energy Codes® Coach and Body Awake® Yoga teacher.



**Cost:** \$425 pre-sign up by MARCH 5, 2025  
\$449 after

**Times:** March 15-16, 2025, 9:00AM-6:00PM  
(Saturday and Sunday) 16 CE HOURS

**Contact:** Magnus (601) 500-0337  
magnusmindandbody@gmail.com

**Location:** Massage institute of Memphis – 2076 Union Ave, Memphis, TN 38104 - (901)726-4665

For more information and sign-up visit:

<http://www.mindandbodyinc.com/>

Approved provider: FL/GA 50-9284, NCBTMB 450063-06, MS 29, LA 122, AL, CE Broker course #: 20-958852

**Note:** This workshop is not meant to substitute for traditional medical care, nor diagnose medical conditions, nor manipulate bones, but to educate LMTs on how to safely apply massage techniques on clients. If you have health concerns, please consult your healthcare provider prior to attending. We reserve the right to cancel the workshop for any reason. Magnus and Bobbi Eklund are licensed massage therapists (MS144&2629), and CE provider for massage therapy. Magnus & Bobbi Eklund are not Rolfers™, nor do they teach Rolfing™. Magnus is not affiliated with KMI/AT SI nor IASI. Organizers & Magnus Eklund/Mind & Body Inc. are not responsible for future use of course techniques. Check CE with your state board prior to sign-up.